



ANDERSON ELEMENTARY SCHOOL

Weekly Newsletter

Principal: Mr. S. Harrington Vice-Principal: Mr. C. Chan
9460 Alberta Road, Richmond, BC V6Y 1T6
(604) 668-6355

Anderson School Week at a Glance

This Week's News! – February 26th – March 1st



Wear Pink “Kindness Day”
Wednesday, February 28th



How Pink Day Started... Inspired by an act of kindness in small-town Nova Scotia

“David Shepherd, Travis Price and their teenage friends organized a high-school protest to wear pink in sympathy with a Grade 9 boy who was being teased for wearing a pink shirt... David and Travis took a stand against bullying when they protested against the harassment of a new Grade 9 student by distributing pink T-shirts to all the boys in their school. ‘I learned that two people can come up with an idea, run with it, and it can do wonders,’ says Travis, 17, who organized the pink protest.

They sent out a message to schoolmates that night, and the next morning they hauled the shirts to school in a plastic bag. As they stood in the foyer handing out the shirts, the boy who was teased for wearing pink walked into the school. His face spoke volumes. ‘It looked like a huge weight was lifted off his shoulders.’

Today, many schools and communities wear pink in the 4th week of February as a reminder that Kindness and Acceptance is such an important part in our lives, each and every day! Kindness and Acceptance allows everyone to step into each new day with hope and support of a positive future.

At Anderson, we are excited to be hosting assemblies on Wednesday, February 28th to highlight the important message from this day. Kindness and Acceptance continues to be a focus for us at Anderson all throughout the school year.



In Circus News

From February 26th- March 1st, EFI (Early French Emersion) students from Anderson will be learning and practicing circus skills with Sand Northrup. Known as the One Woman Circus, Sand Northrup brings a wealth of experience and joy for circus and will be working with Anderson students (In French) to learn a variety of circus skills. The culminating performance on March 1st will feature Grade 6/7 students performing for their peers in an in-school assembly.

Black History Month Continues at Anderson this Month!

The theme for Black History Month 2024 is **Black Excellence: A Heritage to Celebrate; a Future to Build**. During Black History Month, people in Canada celebrate the many achievements and contributions of Black Canadians and their communities. More learning, student, staff, parent opportunities and resources can be found at these sites:

- [Canadian Heritage – Government of Canada – About Black History](#)
- [BC Black History Society](#)
- [City of Richmond: Black history resources, events and programs available this month](#)

Registration for September 2024 opens soon!
Children born in 2020 may apply

Our preschool program is specifically designed for 4-year old children (born in 2020) to attend Just B4 with the hope of inspiring and supporting the creation of rich, joyful early childhood spaces. Our approach is emergent, play-based and focuses on children's natural inquiries.

"The image of the child is upheld in the belief that children are strong and capable in their uniqueness and full of potential."

PROGRAMS

Just B4 – Lee Elementary

M/W/F Program (9:00 – 11:30 am)

Just B4 – Lee Elementary

T/Th Program (9:00 – 11:30 am)

Just B4 – Grauer Elementary

M/W/F Program (12:30 – 3:00 pm)

Just B4 – Grauer Elementary

T/Th Program (12:30 – 3:00 pm)

Just B4 – Grauer Elementary

M/T/W/Th/F Program (12:30 – 3:00 pm)

Apply online in the beginning of March 2024:

<https://sd38.bc.ca/programs/early-learning-programs/just-b4-preschool>



Generation Health

Generation health is a FREE program for families with children **ages 8-12 years old** offered in communities across B.C. The program is for families who want to be on a healthy lifestyle path. It is for families to complete together, **at least one parent or caregiver must attend the sessions with the child** (it does not need to be the same parent or caregiver each week).

It was designed in B.C. by healthy lifestyle and behaviour change experts.

- The program supports participants to make family changes to health behaviours such as **healthy eating, physical activity, positive mental health, screen time, and sleep.**
- The focus is on practical, fun activities that build family connectedness while building both the parent and child's skills to make lasting changes. The positive mental health components aim to build resilience and self- confidence.

During the 9-week program, families in Weekly Group Sessions are also offered:

••••

3 virtual group cooking classes led by a Registered Dietitian

1 virtual group Q&A / info session with a Registered Dietitian

1 virtual group Q&A / info session with a Mental Health Specialist

After successfully completing the program, **families will receive a family recreation centre pass**, continued access to the mobile App, and our monthly healthy living e-newsletter.

The Richmond program is offered at the Cambie Community Center:

Dates: Sundays February 11 – April 14, 2024. Registration will be open until February 18, 2024.

Times: 1:00-3:00pm

Locations: Cambie Community Centre

**Does this program not work for your family's schedule? We also have BC wide virtual via Zoom programs, visit www.generationhealth.ca to see all the program times and locations.

To register, find exact program dates, or find out more about the program:

Phone: 604-251-2229

Email: registration@generationhealth.ca

Website: <https://generationhealth.ca/registration-contact/>



Attention Grade 7 Parents!
We hope you can come! – Tuesday, February 27th
6:00 -6:30 in the library!

Our grade 7's recently voted on how they would like to make their last day at Anderson special before heading off for Summer! Below are the activities chosen by our grade 7s for our year end.

For our last day of school on Thursday, June 27th

Farewell assembly in the morning – 9:15 am

- Picnic Lunch in the park for lunch (Food Truck)
- Grade 7 Afternoon Movie

To help make this possible, we will need the help of our Grade 7 parents to plan and organize these events. Please join us on Tuesday, February 27th from 6 to 6:30 in the school library to start making these plans a reality! We hope you can join us!

Upcoming Dates to Remember

Monday, February 26	Basketball – Boys at lunch
	Basketball – Girls at Cook after school
Tuesday, February 27	Grade 7 parent volunteer meeting – Year End (6-6:30)
	PAC meeting (6:45 – 8:00 pm – school multipurpose room)
	Basketball – Girls at lunch
Wednesday, February 28	Basketball – Boys at lunch
	Basketball – Boys scrimmage after school
	PINK KINDNESS DAY – Wear PINK to show your support
Thursday, February 29	Basketball – Girls at lunch
	Basketball – Girls Bridge at Anderson after school