# Anderson School <br> <br> This Week's News! - Monday, April $8^{\text {th }}$ to Friday, April $12^{\text {th }}$ 

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## Attention Grade 7 Parents! <br> We hope you can come! - Tuesday, April $16^{\text {th }}$ 6:00 -6:30 in the library!

Please consider volunteering to help organize the year-end farewell for our Grade 7 students.
Committees to consider joining include:

1. Picnic in the Park committee
2. Movie Afternoon
3. Decorations - getting the gym ready for the final day


We hope to see you there. We appreciate your support in making the year end special for our grade 7 s .

Track Attack beginning Soon for Grades 4-7<br>between 1:30 and 2:30 pm starting Tuesday, April 16 ${ }^{\text {th }}$

Scheduled upcoming dates include: Tuesday, May April $16^{\text {th }}$ and Thursday April $18^{\text {th }}$
Track Attack is an opportunity for all our intermediate students to try out the various track and field activities. Throughout these stations, students will be able to highlight their sportsmanship, determination, skill and enthusiasm for track and field. A selection of students will be chosen to attend the Track and Field meet at Minoru Park on Wednesday, May $13^{\text {th }}$. Unfortunately, we are not able to accommodate all our intermediate students at this Track Meet as we are permitted a limited number of entries. Students will be chosen to attend this meet based on a combination of skill and attitude demonstrated during our Track Attack stations.

We would like all our grade 4-7's to ready and dressed appropriately for Track and Field on our Track Attack days. Proper footwear, shorts or track pants and a water bottle are all essentials!

Track and Field meet - Minoru - Monday, May $13^{\text {th }}$.

## Research Study Opportunity from UBC \& BCCH:

## Rising Up : Collaborating with Chinese Families and Communities on Parenting Resources

Dear Parent/Caregiver,
You are invited to participate in a research study called "Rising Up: Collaborating with Chinese Families and Communities on Parenting Resources". This project is conducted by Dr. Janet Mah and her research team at BC Children's Hospital and University of British Columbia. Chinese parents and caregivers [including grandparents] of children aged 3-12 living in BC are invited to attend a 90-minute workshop either in-person at community sites or virtually over Zoom. Here you will discuss what you want for parenting resources related to child behavioural and social emotional well-being. We aim to identify your needs and preferences in order to co-design culturally meaningful resources for Chinese families.

Your participation in the study is voluntary. You will receive a $\$ 20$ gift card for your participation.

If you are interested，fill out the pre－screening survey
https：／／rc．bcchr．ca／redcap／surveys／？s＝DYF89C78NFER94D3．
You can also share the attached poster to others who you think may be interested．
If you have questions，you can contact the study team at mah－lab＠bcchr．ca for more information．

We hope you can join us！
Sincerely，
Dr．Janet Mah
Psychologist and Clinical Assistant Professor
BC Children＇s Hospital \＆University of British Columbia
来自UBC与BC儿童医院研究所：Rising Up ：与华人家庭和社区合作提升对心理健康认识

您好！

我们诚恳邀请您参加我们的研究：＂Rising Up：与华人家庭和社区合作提升心理健康认知＂。这一份研究的主要研究员是Dr．Janet Mah 和他的研究员工们。这一份研究始与BC Children＇s Hospital和UBC一起合作的。我们邀请住在BC省家有3到12岁孩子的华裔家长或者．爷爷奶奶来参加线下或者网上（Zoom）研讨会。我们会通过您提供的信息和资料去了解您们的需求。我们会把你所给我们的资料去了解您们的需求。

您的参加是自愿的，您可以在任何时刻选择退出这一份研究

研讨会结束以后您们将会收到一份Amazon的礼卡。

如果您有兴趣参加，请填我们的预先筛选调查表
https：／／rc．bcchr．ca／redcap／surveys／？s＝DYF89C78NFER94D3
如果您有任何问题，请发邮件询问：mah－lab＠bcchr．ca

## April is Sikh Heritage Month［link］

Our local Sikh history and excellence is one to be acknowledged and shared．Please have a look at the Education Guide on the Sikh Faith［link］－a comprehensive resource to promote the inclusion of Sikh content and perspectives in our schools and homes，while facilitating the awareness of the Sikh Faith and Sikh students in our classrooms and communities．

## April 10 －Eid－al－Fitr

Many Muslims in Canada celebrate Eid al－Fitr on the first day of Shawwal in the Islamic calendar．It marks the end of the month－long fast of Ramadan and the start of a feast that lasts up to three days in some countries．

April 13 －Baisakhi or Vaisakhi
A harvest festival celebrated in India，mainly by the Sikh community．
April 22－30－Pesach or Passover（First Day is most significant）
Holiday that commemorates the Jewish liberation and escape from Egypt．


## Social Media Awareness - Parent Information Sessions

In partnership with the Ministry of Education and Childcare, Safer Schools Together is offering parent sessions on social media awareness. These sessions all take place in the evenings from 6:30-7:30pm and all parents/caregivers and their children (aged 10 and up) may attend.

## The dates are: Wednesday, April 10 / Tuesday, April 16

Trainings can be found at this link: erase Family Sessions [saferschoolstogether.com] [link]

## MUNCHALUNCH - WEDNESDAY, APRIL 10 ${ }^{\text {TH }}$

Last day to place an order is Sunday, April $7^{\text {th }}$
PZZA/PASTA

## PAC Communication Sub-committee Meeting <br> Thursday, April 11th @ 7:00 <br> ZOOM Meeting

Zoom link will be provided the day before [April $10^{\text {th }}$ ] - if interested, please
Reach out to AndersonPACgeneral@gmail.com

> APRIL BREAKFAST CLUB - FRIDAY, APRIL $19^{\text {TH }}$
> FROM 8:00 AM - 8:45 AM
> IN THE SCHOOL GYM

## Upcoming Dates to Remember

Wednesday, April 10 ${ }^{\text {th }} \quad$ PAC Hot Lunch Subcommittee meeting @ 12:15 pm

Tuesday, April 16 ${ }^{\text {th }} \quad$ Gr. 7 parent meeting 6:00-6:30 pm in the library PAC meeting in the multipurpose room 6:45 pm French Cultural Evening - 5 - 8 pm at McRoberts Start of Track Attack for grade 4-7 students (1:30-2:30)

Thursday, April 18 ${ }^{\text {th }} \quad$ Track Attack for grades $4-7$ students (1:30-2:30)
Friday, April 19 ${ }^{\text {th }} \quad$ Breakfast Club - 8:00 am in the Gym


